

SEN

Knowledge

Organisers



# Year 9 PD – Term 1A: Equality and

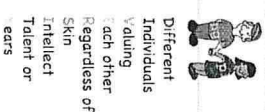
**What do we mean by equality and diversity?**

*It's making sure everyone is treated equally no matter what their differences are.*

The Equality Act (2010) was introduced to offer legal protection to those people with one or more 'protected characteristics'. The protected characteristics are:

- Age
- Disability
- Gender reassignment
- Marriage and civil partnership
- Pregnancy and maternity
- Race
- Religion or belief
- Sex
- Sexual orientation

## DIVERSITY



Watch this – about gender equality

## What does Diversity do for us?

- Allows us to be global citizens and learn about the world.
- Helps everyone to feel included.
- Provides us with a richer life experience surrounded by different cultures.
- Helps us to grow as we take on board different perspectives and opinions which challenge our thinking

## Hate Crimes:

A hate crime is defined as 'Any criminal offence which is perceived by the victim or any other person, to be motivated by hostility or prejudice based on a person's race or perceived race; religion or perceived religion; sexual orientation or perceived sexual orientation; disability or perceived disability and any crime motivated by hostility or prejudice against a person who is transgender or perceived to be transgender.' (Metropolitan Police)



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# Year 9 PD – Term 1B: Money Management – Money and our Health

## Definition of Mental Health MentalHealth.gov:

*"Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices."*



## Three things that might have a negative effect on mental wellbeing

**Gambling**  
Gambling involves playing a game, placing a bet, or taking a risk, in the hope of winning money or something desired.

**'Money mule' schemes**

Money mule schemes involve someone agreeing to allow their bank account to be used by someone else, in return for money. The person requesting to use the bank account is usually involved in criminal activity, e.g. funding terrorist acts.

**Unmanageable debt**

Debt is when someone has borrowed money from a person or organisation, and cannot afford to pay it back.



How can my money choices affect my mental wellbeing? | 5



## Challenge!

Research or ask a parent/carer what their outgoings per month are. Then look at the starting salary per month for a career you are interested in and see if you could afford the lifestyle you have now. Would you need to scale back, or could you splash out a bit more?

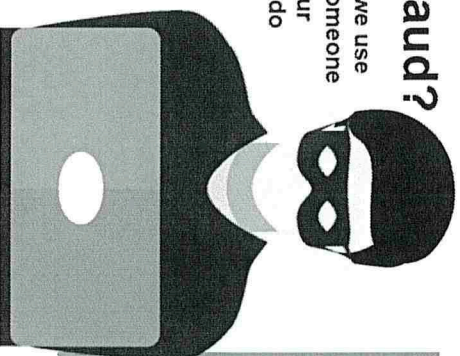


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Resources from <https://natwest.mymoneysense.com/>

## What is fraud?

'Fraud' is the word we use to describe when someone tricks you out of your money. They might do this by pretending to be you ('identity theft') or by getting access to your bank account and/or your credit cards.



Watch this – Money Mule Schemes and Gambling  
Watch this – Fraud  
Watch this – Credit and Debt

- Protect yourself from fraud by:
- Never sharing your personal details (like your PIN and passwords) with anyone
  - Looking after your cards carefully and keeping them in a safe place
  - Checking your bank account regularly to see if there are any transactions you don't remember
  - Shredding or cutting up documents that have your personal details on before throwing them away, e.g. bank statements

How do I keep my finances secure? | 5

## What is a scam?

A scam is a trick that someone plays on you to cheat you out of your money. There are lots of different types of scam, including phishing emails and fake letters.

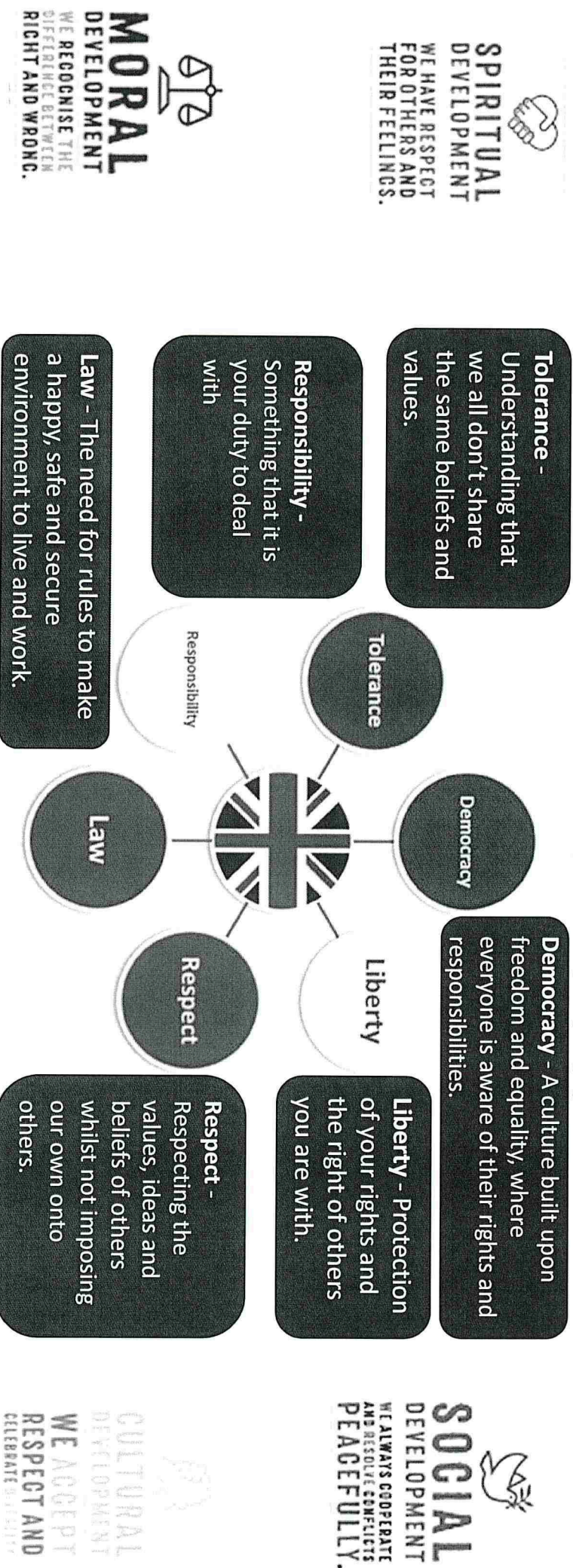


- Protect yourself from scams by:
- Never giving all of your bank account information to anyone – real banks never ask for all of your information
  - Reading your emails and letters carefully – If an email asks you for money, ask yourself why? Delete suspicious or unknown emails
  - Never sharing your personal information on social media

How do I keep my finances secure? | 6



# Core British Values



Social - Moral - Spiritual - Cultural



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## Year 9 PD – Term 2B: Online Safety

Useful websites for you and your parents:

<http://www.safetynetkids.org.uk/>

<https://www.childnet.com/>

<https://www.thinkuknow.co.uk/>

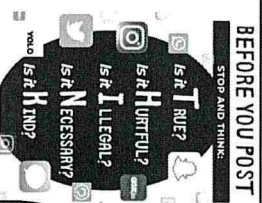
<https://www.saferinternet.org.uk/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

Visit these sites for support:

[www.childline.org.uk](http://www.childline.org.uk)

[www.ceop.police.uk/safety-centre](http://www.ceop.police.uk/safety-centre)



### What is E-Safety?

It's the safe use of digital technologies like your phones, gaming and other devices which connect you to the outside world.

### Dealing with pressure online

#### Saying no

The people we talk to online can try to convince us to do things, even when we have said no. This might be one person you're chatting to online, or it could be lots of people. A tactic we see used in live streaming is encouraging young people to take part in dares, or offering them online gifts or 'game points' in exchange for doing something on video. Their requests can feel uncomfortable, such as asking you to chat one-to-one, asking for your personal information, or asking you to do sexual things such as taking your clothes off. If someone is asking you to do things online that don't feel right, stop and tell someone.

#### What does pressure look like online?

It can be difficult to spot manipulative behaviour in others, and it might not always be obvious when someone is putting you under pressure online. It might be lots of compliments and flattery, promising online gifts or coins, the promise of more followers, or bombarding you with lots of comments. This can make people feel like they need to do what they are being asked, even if they don't want to. Alternatively it might be something more obvious, such as someone saying that bad things will happen to you if you don't do what they're asking. These are all elements of pressure and blackmail and this is wrong.

### Online Gaming:

There's a game out there for everyone. Some might prefer sporting games like FIFA and NBA. Others play adventure games such as Fortnite and Minecraft. Video games are arguably better than ever - because almost all of them allow you to play online with friends.

Did you know that there are over 2 billion gamers across the world? ([Newzoo, Global Games Market Report, 2018](#)). And these gamers aren't just wasting their time - the benefits of gaming include improvement of coordination, problem-solving skills and brain speed to name a few.

#### Gaming is more fun when people...

Treat others with respect

Play fairly and within the rules of the game

Keep personal information private

Make sure that content they're sharing is not racially, religiously or sexually offensive.

**Chatting to other gamers** can make it more fun too. It's likely that you'll chat to people that you've never met in real life. They might make you laugh, or give you great gaming tips. And it can feel like you know them well, especially if you voice chat with them through an app like Discord. But remember - it's easy for people to lie online, and some gamers might put pressure on you to do things you're not comfortable with.

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)



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# Year 9 Personal Development – Term 3: Growth Mindset



**G**ive it your all  
**R**edo if necessary  
**I**gnore giving up  
**T**ake time to do it right



## Event + Response = Outcome

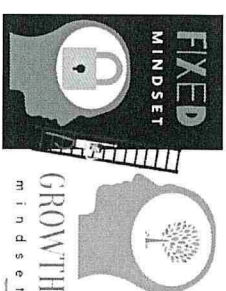
Events happen in our lives and we can choose how we respond to them which then decides the outcome.

For example; Event: You get the worst mark in your class and your mates laugh at you.

Possible responses:

- Be upset and tell yourself you're stupid and not good at this subject.
- Blame the teacher.
- Pretend you're not bothered and laugh about it.
- Talk to the teacher or another adult and ask for help.
- Plan how you could do better next time by working harder or revising more often.

Write down the outcomes of each of these responses and choose the one you think is best.



Check this out  
for mental health  
awareness



WATCH NOW

JK Rowling's Harry Potter book was rejected 12 times before someone accepted it. Imagine how different her life would have been if she had given up!

## BSE Card (Blame Someone Else)

How many times have you used this?  
It's so easy to BSE!

Think of a time when a teacher may have told you off for something and you have said "It wasn't me it was them"

If this happens again, think about how you respond. Then think about the outcome from that response.



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**Inspirational quotes:** "I really think a champion is defined not by their wins but by how they recover when they fall" Serena Williams (Tennis Player)

