

Yr 8 PD – Term 2B

Online Safety

What is E-Safety?

It's the safe use of digital technologies like your phones, gaming and other devices which connect you to the outside world.

Useful websites for you and your parents:

<http://www.safetynetkids.org.uk/>

<https://www.childnet.com/>

<https://www.thinkuknow.co.uk/>

<https://www.saferinternet.org.uk/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

[Watch this](#) – online grooming
[Watch these](#) – other useful clips



Top Ten Tips:

- 1) Don't post any personal information online – like your address, email address or mobile number.
- 2) Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.
- 3) Keep your privacy settings as high as possible
- 4) Never give out your passwords
- 5) Don't befriend people you don't know
- 6) Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do
- 7) Remember that not everyone online is who they say they are
- 8) Think carefully about what you say before you post something online
- 9) Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude
- 10) If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted adult immediately.

(<http://www.safetynetkids.org.uk/>)

Key Terminology:

- **Cookie** A small piece of data sent from a website and stored in a user's web browser while a user is browsing a website.
- **CEOP** Child Exploitation and Online Protection dedicated to eradicating the sexual abuse of children.
- **Anti Virus** Software Application designed to protect PCs from malicious computer code (virus)
- **Firewall** A system that prevents unauthorised access to a computer over a network, such as the internet.
- **Netiquette** A term referring to good behaviour while connected to the Internet.
- **Cyber Bullying** When the Internet, mobile phones or other devices are used to send or post text or images intended to hurt or embarrass or harm another person.
- **Grooming** The actions undertaken by a paedophile to befriend and establish an emotional connection with a child in order to lower the child's inhibitions in preparation for sexual abuse and/or rape. Paedophiles may initiate online conversations with potential victims to extract information about location, interests and sexual experiences.
- **Sexting** The sending of explicit pictures (often self portraits) by multimedia text message, usually via a mobile phone.
- **Phishing** The criminally fraudulent process of attempting to acquire sensitive information such as usernames, passwords and credit card details by masquerading as a trustworthy entity in an electronic communication.